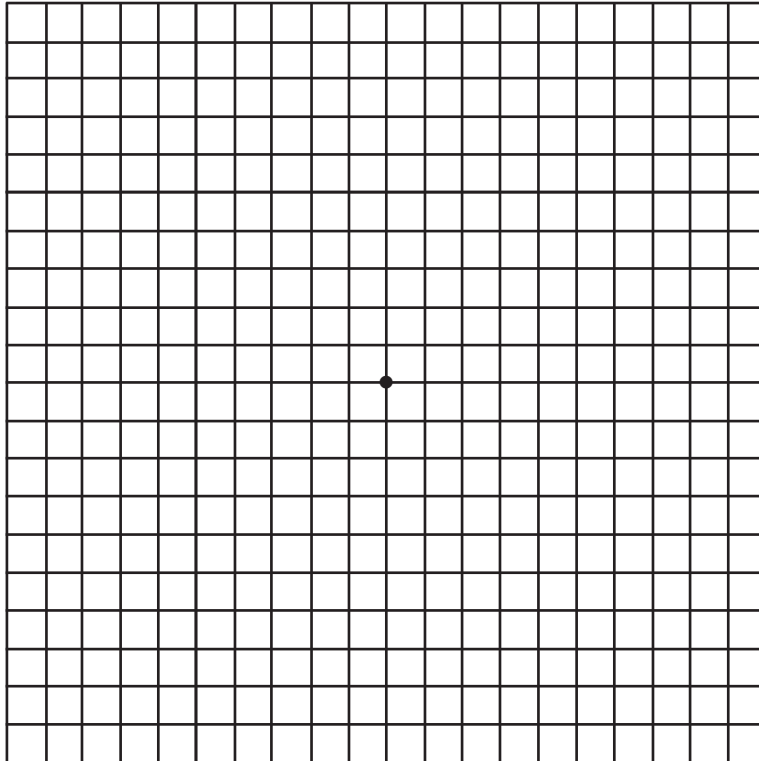


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Amsler Grid



Amsler Grid Vision Test

1. Hold the page approximately 12" from each eye, separately.
Please wear your bifocals or readers that you use for reading.
2. Test your right eye first, by covering your left eye. Then repeat the procedure on the left eye by covering your right eye.
3. Concentrate on the center dot and don't look at the lines.
4. If you notice any waves, distortions or blind areas in the lines, record the appearance on a separate Amsler Grid copy what it looks like to you. Label the page with the date and which eye was tested.
5. If there is any distortion, this pattern is obviously pre-existing and it will serve as a reference point to see if it changes over time.
6. With each subsequent **monthly** test, look first at the test Amsler Grid and then look at your last drawing for that eye. If there is no change, you are stable and just keep your regular appointments. If you see a change, please call our office and we will carefully evaluate your eye.